

AS Level and A Level Physical Education



Teachers: R Becks, K Hooper, P Risby, S Wilson **Entry Requirements** Level 5 or above in Mathematics and in English Language, and a strong and significant level of sporting performance and regular participation in competitive fixtures or equivalent. **In addition, an E grade is needed in the AS Level to progress to the A Level.** **Exam Board:** AQA

Timetable organisation

5 hours a week. There is an expectation that students will complete coursework, homework, practical performances and additional reading in their own time.

Overview of the Course:

Examination assessment

At AS level the following topics will be taught with each one being developed in more detail if students continue to A2.

1. Applied anatomy and physiology
2. Skill acquisition
3. Sport and society
4. Biomechanical movement
5. Sport psychology
6. Sport and society and the role of technology in physical activity and sport

Non-examination assessment

Pupils will produce a video with their practical/ coaching performance which must show the skills specified by the examination board. They must film a number of competitions/ matches that shows consistency in their performance and ensure the video does their sporting/ coaching ability justice as only what is on the video can be marked.

Pupils will produce a piece of coursework focusing on detailed analysis of themselves as a performer and design an action plan to improve any weaknesses they find. This will be delivered in lesson time and completed at home and be submitted before the examination period begins.

Method of assessment

AS

- Paper 1 will be sat at the end of year 12 and is a 2 hour exam. It is 70% of students total AS mark.
- Practical/ coaching performance and coursework make up 30%

A Level

- Paper 1 and paper 2 will be sat at the end of year 13 and are both 2 hour examinations. It is 70% of students total A2 mark.
- Practical/ coaching performance and coursework make up 30%

Qualities Required

Academic Qualities

The A level course is 85% theory based (examination – 70%, coursework – 15%) and students must realise this is a very academic course. Students should have a love for Sport and exercise and be interested in all aspects of sport. They need to be well organised and be willing to work hard outside of lessons.

Sporting Performance and Participation

It is essential students are regularly training/ competing/ coaching in a sport of their choice. Students will be expected to independently gather video evidence against the practical coursework assessment criteria to support their mark. All video evidence must show students showcasing a number of skills in a full competitive situation.

Links with Other Subjects

Biology, Physics, Psychology, Food Technology, Sociology and History.

Career Prospects

Due to the diverse and high academic nature of the course A Level PE is a fantastic option to take for many career paths including physiotherapy, biomedical science, sports science courses as well as coaching and teaching degrees. Sport, physical education, health and wellbeing and fitness are all large growth areas and there are a huge amount of jobs available in these fields.

For the full specification please go to the following link: <http://filestore.aqa.org.uk/resources/pe/specifications/AQA-7582-SP-2016.PDF>