

WEEK 1

TAPTON - FEB-JUL 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Week 1: 25 Feb, 18 Feb, 8 Apr, 29 Apr, 20 May, 10 Jun, 1 Jul, 22 Jul.				
THE MAIN EVENT	Cheesy Tomato Pasta Bake	Lasagne with Garlic Bread	Roast Chicken with Stuffing, Gravy and Roast Potatoes,	Creamy Chicken Tikka Masala with Rice and Cucumber Raita	Battered Fish Fillet with Chips
	Veggie Sausages in a Roll with Potato Salad	Vegetable and Bean Pasty with New Potatoes	Vegetarian Cottage Pie with Gravy	Mexican Cheese and Bean Quesadilla with Rice	Cheese and Tomato Quiche with Chips
		Mexican	Mexican	Mexican	
TO FINISH	Apple Flapjack Crumble with Custard	Peach Cheesecake	Carrot and Courgette Cake with Vanilla Sauce	Syrup Sponge with Custard	Chocolate Brownie



FED BY ENTHUSIASM

WEEK 2

TAPTON - FEB-JUL 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Week 2: 4 Mar, 25 Mar, 15 Apr, 6 May, 27 May, 17 Jun, 8 Jul.				
THE MAIN EVENT	Vegetable and Bean Pie with Mash and Gravy	Sticky Texas Style BBQ Chicken with Rice	Roast Gammon OR Roast Chicken with Gravy and Roast Potatoes	Chilli Beef Enchilada with Sweet Potato Mash	Battered Fish Fillet or Salmon Fishfingers with Chips
	BBQ Bean Wrap	Cheese and Mushroom Calzone with a Jacket Potato	Vegetable and Chickpea Wellington with Gravy and Roast Potatoes	Cheese and Onion Pasty with Sweet Potato Mash	Veggie Sausages with Chips
		Halal Sticky Texas Style BBQ Chicken with Rice	Halal Roast Chicken with Gravy and Roast Potatoes	Halal Chilli Beef Enchilada with Sweet Potato Mash	
TO FINISH	Apple and Raisin Slice with Custard	Chocolate Mousse	Toffee Apple and Banana Crumble with Custard	Vanilla Muffin	Bakewell Tart with Vanilla Sauce



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WEEK 3

TAPTON - FEB-JUL 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Week 3: 11 Mar, 1 Apr, 22 Apr, 13 May, 3 Jun, 24 Jun, 15 Jul.				
THE MAIN EVENT	Open Sub Melt topped with Cheese and Tomato and Potato Wedges	Cheesy Bolognese Pasta Bake with Garlic Bread	Roast Turkey with Stuffing, Gravy, Roast Potatoes	Sticky Teriyaki Chicken with Rice	Battered Fish Fillet with Chips
	Sweet and Sour Vegetable Noodles	Roasted Vegetable and Chickpea Balti with Rice	Vegetable Roast with Stuffing, Gravy and Roast Potatoes	Macaroni Cheese with Garlic Bread	Spanish Omelette with Chips
Halal Cheesy Bolognese Pasta Bake with Garlic Bread		Halal Roast Turkey with Stuffing, Gravy, Roast Potatoes	Halal Sticky Teriyaki Chicken with Rice		
TO FINISH	Peach Crumble Tart with Custard	Pear Marble Sponge with Chocolate Sauce	Fruit Trifle	Danish Apple Cake with Custard	Ice Cream with Peaches and Shortbread Finger



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