

Taste Matters COLD Deli - A Fresh Start!

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>Cream cheese, celery & mixed pepper (deli)</p> <p>Kidney Bean, Carrot, courgette (Lcs) Cheese & tomato (deli)</p> <p>Other standard filled sandwich options Tikka Vegetable Rice Pot (Lcs)</p> <p>Pasta with Sweet & Sour Vegetables (Lcs) Rice salad (deli) ***</p> <p>Daily Bread ***</p> <p>Feel Good Muffins (deli) Fruity Shortbread (deli)</p> <p>Golden orange & Raisin Flapjack (deli) Fresh fruit & Yoghurt</p>	<p>All Day breakfast</p> <p>Cheese & spring onion Ham salad</p> <p>Other standard filled sandwich options Noodle Bowl (WB) Vegetable Rice Pot (New) Tuna salad (WB) ***</p> <p>Daily Bread ***</p> <p>Baked flapjack Crunchy (Afghan) cookie Iced bun Fresh fruit & Yoghurt</p>	<p>Chicken club</p> <p>Egg & cress Tuna & sweetcorn</p> <p>Other standard filled sandwich options Thai Pot (WB) Indian Bowl (WB) Cheese salad (WB) ***</p> <p>Daily Bread ***</p> <p>Fruity chocolate slice Banana oat cookie Orange iced sponge Fresh fruit & Yoghurt</p>	<p>Ham & pickle Turkey & coleslaw Egg mayonnaise</p> <p>Other standard filled sandwich options Vegetable Noodle Bowl (WB) Chicken Casear Salad Bowl Egg salad (WB) ***</p> <p>Daily Bread ***</p> <p>Carrot cake Oatie cookie Carrot & orange muffin Fresh fruit & Yoghurt</p>	<p>Egg & bacon</p> <p>Three cheese & onion Cheese salad</p> <p>Other standard filled sandwich options Black Bean & Vegetable Pot (Lcs) Caribbean Rice Pot (New) Mixed Salad (WB) ***</p> <p>Daily Bread ***</p> <p>Lemon iced sponge Fruit Cracknell bar (G10) Chocolate shortbread (G10) Fresh fruit & Yoghurt</p>
Week 2	<p>Mexican Tuna (deli) Turkey, stuffing & cranberry (deli) Chicken Salad (deli)</p> <p>Other standard filled sandwich options Cantonese Egg Noodles (Lcs) Mixed Bean Pasta (TMs) Prawn Mega Salad (New) ***</p> <p>Daily Bread ***</p> <p>Chocolate & sultanas brownies (deli) Giant rock cakes (deli) Mueslie Slice (deli) Fresh fruit & Yoghurt</p>	<p>Egg salad Chicken & bacon Just salad</p> <p>Other standard filled sandwich options Spicy Tomato Pasta (New) Roasted Vegetable Pasta (New) Prawn salad (deli) ***</p> <p>Daily Bread ***</p> <p>Flaky biscuit Raisin dotted shortbread Chocolate Krispie Fresh fruit & Yoghurt</p>	<p>Beef salad Tuna mayo & cucumber Tuna salad</p> <p>Other standard filled sandwich options Chicken Salad Pot (New) Oriental Beef Salad Pot (New) Tuna Pasta (WB) ***</p> <p>Daily Bread ***</p> <p>Pineapple shortbread Baked flapjack Oatie Cookie Fresh fruit & Yoghurt</p>	<p>Ham & tomato salad Turkey club</p> <p>Chicken, sweetcorn & mayo</p> <p>Other standard filled sandwich options Black Bean & Vegetable Pot (Lcs) Mixed Beans Rice Pot (New) Mediterranean Pasta (WB) ***</p> <p>Daily Bread ***</p> <p>Fruit flapjack Sultana & orange slice Chocolate cookies Fresh fruit & Yoghurt</p>	<p>Ham & cheese Prawn mayo Ham & tomato</p> <p>Other standard filled sandwich options Chicken & Pineapple Pasta Pot (New) Black Bean Vegetable Rice Pot (Lcs) Chicken Pasta Salad (Deli) ***</p> <p>Daily Bread ***</p> <p>Chelsea Buns (TMs) Sultana Sponge Spiced apple cake Fresh fruit & Yoghurt</p>
Week 3	<p>Spicy Chicken Wrap (Lcs) Ultimate Egg Mayo, watercress & Tomato Hoagie (Lcs)</p> <p>Sausage Baguette (New)</p> <p>Other standard filled sandwich options Vegetable Rice Pot (New)</p> <p>Chinese Turkey in a Sweet & Sour Sauce (Lcs) Cheese & Tomato Mega Salad (New) ***</p> <p>Daily Bread ***</p> <p>Ginger & coconut cookies (deli) Banana Cake (deli)</p> <p>Carrot cake with lemon & cheese frosting (deli) Fresh fruit & Yoghurt</p>	<p>Chicken & ham</p> <p>Garlic & herb chicken Cheese</p> <p>Other standard filled sandwich options Salmon & Cucumber Salad Pot (New) Mediterranean Vegetable Salad Pot (New) Pineapple Pasta Salad (Deli) ***</p> <p>Daily Bread ***</p> <p>Oat spoon cookies Melting moments Gingerbread Fresh fruit & Yoghurt</p>	<p>Beef, mustard, mayo & onion Oriental Chicken & vegetables</p> <p>Turkey</p> <p>Other standard filled sandwich options Vegetable Noodle Bowl (WB) Tuna & Sweetcorn Salad Pot (New) Mexican Tun Salad (New) ***</p> <p>Daily Bread ***</p> <p>Oat crunchies Yum Yum Biscuits Coconut biscuits (Anzac)_ Fresh fruit & Yoghurt</p>	<p>Chicken tikka</p> <p>Salmon & cucumber Tuna & lemon mayo</p> <p>Other standard filled sandwich options Noodle Bowl (WB) Pasta Salad Mega Bowl (New) Chicken & Bacon Mega Salad (New) ***</p> <p>Daily Bread ***</p> <p>Apple cake Golden Cracknell Banana Flapjack G10 Fresh fruit & Yoghurt</p>	<p>Roasted vegetables & salsa Spicy chicken & soured cream</p> <p>BLT</p> <p>Other standard filled sandwich options Chicken Salad Pot (New) Thai Pot (WB) Chicken Caesar Mega Salad Pot (New) ***</p> <p>Daily Bread ***</p> <p>Swiss Buns (G10) Choc & Orange Brownie (E Sx) Lemon Drizzle cake (E Sx) Fresh fruit & Yoghurt</p>