

# TAPTON PHYSICAL ACTIVITY POLICY

## 1. INTRODUCTION

This physical activity policy aims to provide a concise outline of Tapton School's commitment to providing two hours of physical activity both within the curriculum and outside of lesson time.

- Physical activity is not a National Curriculum subject, but relates closely to the Physical Education strand of the National curriculum. Although it concerns curriculum time PE lessons, physical activity also takes into account the opportunities provided by the school and its local community for extra curricula physical activity.
- This document was compiled by the Physical Education Department.
- Its implementation is the responsibility of the whole school community. Including teaching staff, Adults Other Than Teachers (AOTT's) working at the school, the governing body, parents and carers of our children and members of the wider community.
- This policy for Physical Activity reflects the consensus of opinion of the school staff, supported by a cross section of the whole school community.
- This Physical Activity Policy complements the Sheffield School Travel Plan, which outlines our approach to making travel to and from Sheffield School by parents, pupils and staff more sustainable and safe.

## 2. OUTLINE OF FACILITIES FOR PHYSICAL ACTIVITY

The onsite facilities available at the school are:

- Sports Hall
- Gymnasium
- School Field
- All weather surface, multi sports Floodlit area
- Hardcourt area
- Multi purpose Hall
- Sports Science Classroom

Offsite facilities used:

- Ponds Forge – swimming tuition/fitness facilities

- Hillsbrough Leisure Centre
- Notre Dame Fitness Suite
- Hallamshire Tennis and Squash Club
- Don Valley Stadium
- Ice Sheffield

### **3. AIM OF PHYSICAL ACTIVITY POLICY**

At Tapton School we aim to increase the activity levels of the whole school community through the provision of a supportive environment conducive to the promotion of physical activity.

### **4. OBJECTIVES OF PHYSICAL ACTIVITY POLICY**

To achieve the aim Tapton School has:

- a curricular physical education programme which meets statutory national curriculum requirements
- adequate curricular physical education time to provide a broad and balanced programme
- provision of quality physical activity opportunities both within and outside of curriculum time which:
  - consider the needs and interests of all pupils
  - promote positive attitudes towards participation in physical activity
  - enable pupils to develop a full range of basic movement skills
  - increase pupils' knowledge and understanding of the importance of physical activity
  - offer all pupils a minimum of two hours physical activity per week
- increase pupil participation in physical activity both within and outside curriculum time
- introduce relevant initiatives and link with outside agencies/networks to give further opportunities to develop physical activity for all pupils
- provision of relevant in-service training opportunities for all those leading physical activity sessions
- provision of adequate resources and funding for physical education
- enlisting the support of AOTT's in promoting activity

- provision of safe and stimulating areas in which children can play and be active
- raising the profile of physical activity throughout the school and encouraging cross-curricular links
- making facilities and equipment available for pupils to use at lunchtimes and break times and encouraging pupils to be active at these times
- inform of provision of opportunities for staff and parents to gain appropriate qualifications so that they can be involved in extra-curricular provision
- providing pupils with the information and confidence they need to take advantage of physical activity opportunities in the local community and move from dependence on the teacher to independent action
- liaison with relevant professionals in the community to help develop physical activity pathways beyond schools
- organisation of specific events which promote and raise the profile of activity
- encourage more pupils and staff to walk to school
- encouraging staff, parents and governors to participate in activity
- monitoring pupils' level of involvement in physical activity inside and outside of school.
- to develop an annual action plan which outlines how the objectives will be achieved.
- Inviting appropriately trained/qualified professionals to contribute to the provision of extra curricular activities.

## **5. SCHOOL POLICIES ON SPECIFIC ISSUES**

### **i. Statement on entitlement and equal opportunities.**

All pupils in Tapton School, including those with special needs, are entitled to a comprehensive programme of physical activity which:

- fulfils the statutory national curriculum requirements
- takes into account their individual needs and interests
- provides them with opportunities to pursue activity beyond school

The physical activity opportunities offered both within and outside of curriculum time:

- provide all pupils with equal opportunities to participate and to achieve in different activities
- ensure that all children have access to a varied programme which allows children the opportunity to meet the national expectations as outlined in the Physical Education National Curriculum

Some activities/opportunities will be offered to a specific age range of pupils.

## **ii. Differentiation**

Physical activity provision within Tapton School is developmentally appropriate for the needs of children of all abilities from the physically gifted to the physically and mentally challenged. A variety of teaching and learning approaches and organisational management are adopted to ensure that:

- tasks are matched to pupils of different abilities, needs and interests by balancing challenge with the likelihood of success
- pupils at different starting points all make progress

The achievements of all pupils are maximised by providing variations in:

- tasks (eg: providing a range of tasks with differing degrees of difficulty)
- resources (eg: using a variety of equipment to make tasks more/less challenging)
- response (eg: allowing pupils to work at different paces)
- support (eg: providing additional support)
- group structure (permitting small group work; selecting mixed ability or setting, as appropriate)

## **iii. Inclusion of those with specific disabilities and or health conditions**

To ensure that pupils with specific disabilities and /or health conditions can take a full and active part in all opportunities Tapton School will adopt the following approaches:

- modification of activities where necessary (eg: changing rules/playing area/equipment to enable pupils with special needs to be included)
- parallel activities – all pupils take part in the same activity but in different ways eg: pupils in ability matched games or, in the case of pupils with a disability, grouped according to the way in which they play, such as standing or seated

- included activities – all pupils play adapted games specifically designed for young disabled people or those with special needs
- separate activities – for activities where it is difficult for a pupil with special needs to take part, an alternative activity is offered which they could either take part in on their own or with peers who also have difficulties
- in cases of children who have health problems relating to physical activity, eg: asthma, the activity leader will be responsible for ensuring medication is taken appropriately, or is easily accessible should it be needed.

#### **iv. Assessment/recording/reporting**

Tapton School will assess, record and report progress through:

- teacher observation of pupils performance during physical activity – looking at both effort and achievement
- pupil responses to specific tasks/questions
- pupil involvement in extra-curricular activities and other physical activity opportunities
- pupil records of participation in physical activity

#### **v. Safety**

To ensure the safety of all those participating in physical activity Tapton School will adopt the following:

- all equipment and facilities are regularly checked for safety by the Subject Leader for Physical Education Co-ordinator on an annual basis.
- basic rules regarding clothing, footwear, jewellery etc. within the physical activity setting and highlighted and adhered to – summary provided in Physical Education Policy
- basic rules regarding behaviour with the physical activity setting are highlighted and established and adhered to (eg: stopping immediately in response to a given command or signal, never using a piece of equipment without being told to do so)
- ensuring that all staff supervising physical activity are trained and qualified and are supported appropriately by the school
- a record is kept of all pupils with medical conditions which may affect their ability to participate in physical activity
- accident procedures are well known to all those leading physical activity sessions
- safe and effective procedures are taught and adopted in all activity session within and outside of school, eg: including warm ups and cool downs
- risk assessment procedures are undertaken where necessary

## **6. STAFFING LEVELS AND RESPONSIBILITIES**

Tapton School has identified the following who are involved in supporting physical activity:

- Subject Leader for PE
- Physical Education Staff
- Non Specialist Teachers and other members of Tapton staff to lead activities. Eg Sarah Goodhead, Tim Moffatt, Simon Wilkes
- Sixth Form Leaders of Physical Activity

## **7. CURRICULAR PHYSICAL EDUCATION PROGRAMME**

- within Key Stage 3 and 4, 2 sessions of 60 minutes are allocated per week to Physical Education
- within the 16 -19 curriculum a minimum of two hours of curriculum time is allocated per week to Physical Education
- the content, lesson allocation and cross curricular links of Physical Education lessons is detailed in the schools Scheme of Work and Physical Education Policy

## **8. EXTRA CURRICULAR PROGRAMME**

To aspire to two hours of physical activity per week for each pupil, Sheffield School offers the following:

- extra curricular activities are offered throughout the year – timetable enclosed
- all pupils throughout the school are offered the extra curricular programme
- activities are offered on a participation basis, with teams for competitive events being chosen from the groups
- extra curricular activities are currently led by members of the teaching and non teaching staff

## **9. SCHOOL TRAVEL PLAN**

Please refer to the Sheffield School Travel Plan for further information.

## **10. ORGANISATION**

In Tapton School:

- curricular and extra curricular activity is taught in a mixture of single sex and mixed groupings according to the activity and needs of the pupils.

## **11. TRAINING**

- Tapton School will continue to identify and support all teachers/AOTTs who wish to be involved in the promotion of physical activity.
- staff training needs will be identified by the Subject Leader of Physical Education and by individuals themselves.
- Tapton School will be responsible for ensuring that teachers/AOTTs are adequately trained and insured for the activity they are delivering.

## **12. RESOURCES PROVISION**

- the Subject Leader for Physical Education is responsible for purchasing resources related to physical activity.
- at Tapton School we aim to provide sufficient resources to enable maximum participation in physical activity. Wherever possible the children are provided with a piece of games equipment each, or at least enough for them to be able to work in a small group with maximum participation. We aim to keep the school fully resourced for all areas of the physical education curriculum. Resources are checked, evaluated for their appropriateness to the activity.
- Money may be allocated from various budgets to support training costs, and audited on an annual basis.
- Tapton School will take advantage of possible funding sources where available.

## **13. DISSEMINATION OF THE PHYSICAL ACTIVITY POLICY**

Tapton School will disseminate the Physical Activity Policy via:

- staff meetings.
- school-based INSET.
- summary on the school prospectus.
- the availability of the full policy on request, for example, governors, parents, visitors, Local Education Authority Officers, OFSTED Inspectors.

- providing AOTT's with a summary of the relevant aspects.

#### **14. PROCEDURES FOR MONITORING AND EVALUATING THE PHYSICAL ACTIVITY POLICY**

Tapton School is committed to the following procedures for monitoring and evaluating the Physical Activity Policy:

- teacher feedback
- feedback from governors/staff
- pupil feedback
- number of extra curricular activities offered
- pupil participation in extra curricular activities
- pupil participation in community clubs/activities
- number of special events offered
- number on in-service courses attended by teachers/activity leaders
- staff review and feedback
- parental feedback
- OFSTED inspection
- Achievement of Sport England Active Mark

#### **15. REVIEW**

The Physical Activity Policy will be reviewed annually taking into account the views of the whole school community.