

Physical Education

Subject Leader: Mrs R Becks

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Curriculum Intent:

To deliver the AQA GCSE PE course and ensure students are fully prepared for their examination.
To develop a lifetime love of PE and physical activity.

	Core Knowledge	Procedural Knowledge
	Topics: Applied anatomy and physiology Movement analysis Physical training Use of data Develop skills in practical sports Analyse and evaluate personal performance Sports psychology Socio-cultural influences Health, fitness and well-being	Students will: Develop how to analyse and evaluate their own performances Develop skills, knowledge, understanding and apply in practical sporting activities Develop understanding of how to read, plan and answer exam questions Link topics and build on knowledge to gain a deeper understanding theoretical content

Homework:

Exam questions per topic
Homework sheets checking understanding
Coursework

Assessment:

Baseline tasks and progress tasks in all lessons
End of topic assessments
Mock paper exams
Practical assessments
Coursework on analyse and evaluation on personal performance

Links to Personal Development:

Prepare learners for future success in education, employment and training
To work in a team and show leadership skills in both individual and team sports
Confidence, Resilience and Knowledge: Mentally healthy, physically healthy, active lifestyle, healthy relationships
Know how to join a sporting club / exercise classes outside of school

How is my knowledge developed further at Key Stage Five (Y12 and Y13)?

If students choose to study A level PE they will continue to develop their knowledge of PE and sport in a theoretical context. If they do not we offer a wide range of extra -curricular clubs which 6th form students are encouraged to take part in.