

Physical Education (PE)

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Key Stage 3 Leader: Mrs S Wilson swilson7@taptonschool.co.uk

Curriculum Intent: To provide students with the opportunity to try a variety of activities, have enjoyable experiences and gain a lifelong love of PE. At KS3 we follow a spiral curriculum whereby we revisit each sport in Years 7, 8 and 9. With each successive encounter learning progresses, building and deepening the knowledge of every sport. At the end of KS3 all students will have developed competence to perform in a broad range of physical activities.

Core Knowledge

Topics:

Invasion Games.

Net/Racket Games.

Striking and Fielding Games.

Gymnastics.

Dance.

Athletics.

Fitness.

Procedural Knowledge

Students will:

Develop their skills, knowledge and understanding in PE.

Develop the ability to apply skills learnt in competitive situations.

They are encouraged to work both independently and as part of a team.

Use a range of tactics and strategies to overcome opponents in direct competition.

Select and apply the appropriate strategy or technique to master an activity.

Develop their technique to improve their performance.

Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best.

Homework: No formal homework is set in PE, but we encourage all students to involve themselves in physical activity in their spare time and lead an active and healthy lifestyle.

A range of extra-curricular activities are available before and after school and everyone is welcome to attend.

Assessment: We informally assess throughout PE using observation, peer and teacher assessments. Students receive constant verbal feedback.

Formal assessments take place twice a year, and our focus is on a student's behaviour, and whether or not they are meeting Tapton expectations.

Links to Personal Development:

Leading healthy active lives.

Be physically active for sustained periods of time.

Have the knowledge and understanding of the importance of fitness and health.

How is my knowledge further developed in Year 8?

We deliver a spiral curriculum across KS3 so we will revisit topics taught in Y7 in Y8. We will develop the skills across each sport and deepen the understanding of the rules, strategies and tactics of each game. We will continue to provide students with many extra-curricular opportunities and encourage everyone to lead a healthy and active lifestyle.