

Personal Development

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Curriculum Intent: Our extensive and well-planned personal development programme provides all students the opportunity to enhance their physical and emotional well-being enabling them to become active citizens by developing and discovering their interests and talents.

	Core Knowledge	Procedural Knowledge
Autumn 1	Topics: My place in society	Students will: <ul style="list-style-type: none"> • have an understanding of the importance of identifying and combatting discrimination • have an understanding that the freedom to choose and hold other faiths and beliefs is protected in law • understand injustice, prejudice, stereotypes and discrimination (in learning and the workplace)
Autumn 2	Topics: Citizenship	Students will: <ul style="list-style-type: none"> • know the development of the political system of democratic government in the United Kingdom, including the roles of citizens, Parliament and the monarch • understand the operation of Parliament, including voting and elections, and the role of political parties • understand the precious liberties enjoyed by the citizens of the United Kingdom • know the nature of rules and laws and the justice system, including the role of the police and the operation of courts and tribunals
Spring 1	Topics: Citizenship	Students will: <ul style="list-style-type: none"> • learn the roles played by public institutions and voluntary groups in society, and the ways in which citizens work together to improve their communities, including opportunities to participate in school-based activities • develop an understanding of how citizens can influence decision-making through the democratic process • develop an understanding that there is a separation of power between the executive and the judiciary, and that while some public bodies such as the police and the army can be held to account through Parliament, others such as the courts maintain independence

Spring 2	Topics: Relationships	Students will: <ul style="list-style-type: none"> • know the concepts of, and laws relating to forced marriage, honour-based violence and FGM, and how these can affect current and future relationships • understand that there are different types of committed, stable relationships • know how these relationships might contribute to human happiness and their importance for bringing up children • know what marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony • understand why marriage is an important relationship choice for many couples and why it must be freely entered into. • Know the characteristics and legal status of other types of long-term relationships.
Summer 1	Topics: Personal Finance	Students will: <ul style="list-style-type: none"> • Develop and understanding the functions and uses of money, the importance and practice of budgeting, and managing risk
Summer 2	Topics: Healthy lifestyles	Students will: <ul style="list-style-type: none"> • Know the positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress • Mental health • Bereavement
Homework: A multiple-choice quiz on Class Charts at the end of each topic. Student completed Knowledge Organiser at the end of each topic.		
Assessment: Baseline tasks and progress tasks in all lessons. A 20-mark question paper made up of multiple-choice questions.		
Links to Personal Development: Enabling Students to recognise risks to their own wellbeing. Social development: Practice using a range of social skills in different situations. Prepare learners for future success in education, employment and training. Confidence, Resilience and Knowledge: Mentally healthy, physically healthy, active lifestyle, healthy relationships.		
How is my knowledge further developed in Year 9?		

In Year 9 students will continue to build on their knowledge for Mental Health Wellbeing, Equality and Diversity, Careers and personal safety and Health. Knowledge gained in substance use will be further build upon in the topic of drugs and alcohol.