

Headteacher: Ms Kathryn Rhodes Tapton School Academy Trust, Darwin Lane, Sheffield, S10 5RG Tel: 0114 267 1414 Email: enquiries@taptonschool.co.uk Web: www.taptonschool.co.uk Twitter: @Taptonschool1

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Dear Parent / Carer

## Sixth Form Support and Guidance morning - Year 13

At Tapton Sixth Form we promote personal wellbeing and development through a comprehensive support and guidance programme to help students develop the skills, qualities and attributes needed to be healthy, independent and active participants in society. Support and guidance is taught in Sixth Form through drop-down mornings every half term to ensure all students have accurate information to be able to keep themselves safe as they progress through life. The next Sixth Form drop down morning will take place on **Thursday 13<sup>th</sup> January**. Please note that these sessions are compulsory and for all students – students who do not have timetabled lessons at this time still do need to attend. The topics that will be explored during these sessions are:

## Addiction

This session will include understanding how alcohol, drug use and gambling can affect decision making and personal safety, including looking out for friends, safe travel and drink-spiking. We will also look at how to manage alcohol, drug use, and gambling in relation to immediate and long-term health. *If any students have any concerns regarding this session can they please let their Year Leader Dr Winters jwinters@taptonschool.co.uk and/or KS5 Coordinator <u>ks5coordinators@taptonschool.co.uk</u> know in the first instance.* 

## **Sheffield University Student Finance**

This session will include information on the student finance package available to students from the government. It also covers the bursaries and scholarships offered by the University of Sheffield and where to find this information for other establishments. The section on managing your money broadens students' understanding of the wider costs associated with attending university and introduces them to budgeting. *If any students are not attending university they can attend the below session from HSBC. If they would like to attend the session they must let their Year Leader and/or KS5 Coordinator know (details above) by Tuesday 11<sup>th</sup> January.* 

## **HSBC** Level up

This session looks at how to manage spending and make sure students don't get caught out by unexpected bills as well as making sure that students are getting value for money when they do spend. The session supports understanding of interest, building skills to help evaluate borrowing, saving and credit card options in everyday life.

If you would like any more information on any of the sessions or would like to discuss anything further please feel free to contact me.

Yours Sincerely

David Sabbagh Associate Assistant Head

