

## Inside this Issue

- 1 WELCOME
- 2 WATER SAFETY THIS SUMMER
- 3 SNAP CHAT MEET UP
- 4 ONLINE BULLYING
- 5 FOODBANKS
- 6 CPA
- 7 SYNTHETIC CANNABIS SWEETS

Tapton School  
Darwin Lane  
Sheffield  
S10 5RG

# Safeguarding Newsletter

## WELCOME

We have almost reached the end of another year. I expect that like me you're looking forward to reconnecting with family and friends.

As always if you have any concerns about safeguarding issues you can contact me at [Tapton School](mailto:Kath.Tabani@tapton.sheffield.sch.uk)

*Kath Tabani*

## WATER SAFETY

It is perfectly natural to want to cool off when it's hot and there has been a huge growth in the number of people wanting to swim in 'wild' water. However, unsuitable rivers, ponds and quarries can hide dangers below, not taking into account the hazards of freezing cold water and currents. Teenagers especially are drawn in by their peers and often have a keenness for risky behaviours.

Whether you are at home or on holiday the RNLI have some great advice on how to stay safe

Here are some links to advice on safe swimming from the Outdoor Swimming Society and the [RNLI](https://www.rnli.org/) and the [Outdoor Swimming Society](https://www.outdoorswimming.org.uk/)

- [10 Simple tips for a Summer of Safe Swimming](#)
- [intermediate tips for safe summer swimming](#)
- [Respect the water](#)

Let's all stay safe this summer.

## SNAP CHAT MEET UP



When Snap Maps became a new feature a few years ago there was widespread outrage, particularly that it was turned on by default and users were not notified of this.

Snapchat has now added another layer onto this feature called Meet Up which pairs with Apple Maps or Google Maps to give exact directions to a person, as long as they are Snapchat Friends.

For adults and even older teens, this might be a very useful feature. However, parents should find this utterly frightening when it comes to children. Do have a conversation with your children about how dangerous this could be. Check their privacy settings, including Ghost Mode, on your child's Snapchat account.

You can find details [HERE](#) or you can download a handy little guide from [Ineqe HERE](#).

# ONLINE BULLYING

The [National Bullying Helpline](#) defines cyberbullying as bullying and harassment using technology. This includes trolling, mobbing, stalking, grooming, or any form of abuse online.

Over half of the UK's 12 to 15 year-olds have faced some form of bullying, including Cyberbullying over the last year. Research by the National Centre for Social Research found that 47% of young people reported being bullied at the age of 14. The same study showed that girls are more likely to be bullied, than boys, in that same age group.

Forums and tools used often vary and include a range of electronic devices often linked to forums or chat rooms. The tool may be a computer or laptop, a mobile phone, a camera or recording device, a tablet or games-console or simply email or mobile text messaging. Typically, the bullies use Social Networking sites such as Facebook, Twitter and other interactive forums to target an individual or group. Some examples of cyberbullying can include:

- Spreading malicious and abusive rumours and gossiping
- Emailing or texting you with threatening or intimidating remarks
- Mobbing (a group or gang that target you)
- Intimidation and blackmail
- Stalking you on-line and continually harassing you
- Posting embarrassing or humiliating images or video's without your consent
- Posting your private details on-line without consent
- Grooming (enticing or goading you on-line to self-harm or commit a crime)
- Setting up a false profile, Identity fraud or identity theft

You can find more help and information [here](#)

[What are Your Words Worth](#) is an activity pack designed for secondary school students to prompt them to think about the words they use online. The activities included will help them to reflect about comments they make on social media or gaming platforms and how those words may impact others.

There is also a challenge included to make more #PostivePosts!

# FOODBANKS

Whether you are in need of emergency food yourself, need to put someone in touch with a local food bank, or you want to donate or volunteer [Sheffield Food Bank Network](#) have a website where you can find all the answers to your questions.

## CPA

### CHILD TO PARENT ABUSE

Child to Parent Abuse is complex and misunderstood – partly because it has historically been largely ignored in favour of a focus on intimate partner abuse, partly because it is drastically under-reported, and partly because there are lots of misconceptions around the subject.

Some parents may not recognise what is happening to them as abuse – but the behaviours they are experiencing are abuse, and they are not okay.

#### Physical Abuse

Hitting, punching, spitting, shoving, damaging property, throwing things, bullying siblings, harming pets, endangering their family's health and wellbeing.

#### Emotional and Psychological Abuse

Verbal abuse, humiliation, screaming, swearing, insults, verbal intimidation, whispering campaigns, mind games, threats to hurt themselves, e-violence, threats on social media.

#### Financial Abuse

Demanding money, stealing money and possessions, running up debts in their parent's name.

#### Sexual Abuse

Inappropriate sexual behaviour or language – this is experienced by 4% of parents who are being abused by their child.

The organisation [PEGS](#) believe in creating a safe place where you can talk openly about your experiences, where you will always be listened to, always believed, and never judged. Their services are free, available for any parent regardless of the age of their child (including adult offspring), and aimed at any parent, carer or guardian experiencing Child to Parent Abuse. They support parents - and work alongside organisations who do a great job supporting the children in this situation.

### WARNING OVER SYNTHETIC CANNABIS SWEETS

A drug testing charity is warning dangerous synthetic cannabis, sold as marijuana sweets or Gummies, could be putting buyers at risk of death. Read more [here](#)