

READING LIST TO SUPPORT THE
FURTHER STUDY OF

Psychology

1.

The Bell Jar by
Sylvia Plath

2.

Girl, Interrupted by
Susanna Kaysen (Also
a film and currently
available on Netflix)

3.

Room by Emma
Donoghue

4.

*Running
with Scissors* by
Augusten Burroughs
(also a film)

5.

*The Psychopath
Test* by Jon Ronson

6.

The Bell Jar by
Sylvia Plath

7.

A Beautiful Mind by
Sylvia Nasar (also a
film)

8.

A Million Little Pieces
by James Frey

9.

The Virgin Suicides
by Jeffrey Eugenides
(also a film)

10.

*We Need to Talk about
Kevin* by Lionel
Shriver (also a film)

11.

*One Flew over the
Cuckoo's Nest* by Ken
Kesey (also a film)

12.

*Sybil: The Classic True Story of
a Woman Possessed by Sixteen
Personalities* by Flora
Schreiber

13.

*Stuart, A Life
Backwards* by
Alexander Masters

14.

Human Traces by
Sebastian Faulks

Interesting Neuropsychology Reads

15.

*The Man Who Mistook
His Wife for a Hat* by
Oliver Sacks

16.

*The Neuroscientist
who Lost her Mind*
by Barbara Lipska

In If you are looking for some reading to complete whilst you have more time on your hands and you are preparing to study psychology in either Y12 or Y13 or beyond, the novels above provide a good introduction to some of the themes we cover in psychology.

