

FOOD SCIENCE & NUTRITION READING LIST

http://www.illuminate.digital/aqafood/

Student Username: STAPTON3 Student Password: STUDENT3

FOR INFORMATION ON HOW TO USE THE BOOK:
HTTPS://TAPTONFOOD.WIXSITE.COM/MYSITE/POST/HOW-TO-USE-THE-ONLINE-TEXT-BOOK

- Chapter 1 & 2 (especially if you didn't do Food preparation and nutrition at GCSE)
- Chapter 5 & 6
- (Please note this is a GCSE book but these 4 chapters are a great foundation for Level 3 learning)

This is the book we will be using in Y12, any reading from this book would be fantastic: WJEC Level 3 Certificate in Food Science and Nutrition. (However it is super expensive so don't worry if you don't want to buy it)

